

ALES FOR RAIL TRAILS

2016 5K RESULTS

TIMING: Bull City Running Company

Top Females Overall

Position	Bib #	First Name	Last Name	FINISH	Pace	Age	Gender	City	State	Team Name
1	627	MARISA	RYAN	17:41.5	5:42	31	F	DURHAM	NC	
2	486	CANDACE	HARRISON	19:01.2	6:08	31	F	DURHAM	NC	
3	553	MEGHAN	O'HARA	20:38.5	6:39	25	F	CARY	NC	
4	501	ANNA	JOHNSON	22:46.3	7:21	34	F	DURHAM	NC	
5	514	RACHEL	LAHRING	23:05.9	7:27	24	F	DURHAM	NC	

Top Master Females Overall

Position	Bib #	First Name	Last Name	FINISH	Pace	Age	Gender	City	State	Team Name
1	589	MEGAN	SULLIVAN	21:31.1	6:56	40	F	RALEIGH	NC	
2	502	SHANNON	JOHNSTONE	22:19.1	7:12	43	F	CARY	NC	Carolina Godiva Track Club
3	550	SHERRI	NEVIUS	25:52.5	8:21	40	F	DURHAM	NC	

All Females

Position	Bib #	First Name	Last Name	FINISH	Pace	Age	Gender	City	State	Team Name
1	508	KRISTEN	KESLER	24:06.1	7:46	27	F	DURHAM	NC	
2	608	JENNIFER	ROCCA	24:13.3	7:49	37	F	DURHAM	NC	
3	625	ANN MARIE	WESOLOWSKI	24:41.1	7:58	30	F	DURHAM	NC	
4	549	ANN MARIE	NAVAR	24:58.4	8:03	32	F	DURHAM	NC	
5	634	ALLIE	BOHAN	24:59.6	8:04	22	F	CHAPEL HILL	NC	
6	580	KATE	SENGER	25:19.7	8:10	35	F	DURHAM	NC	
7	450	NORA	DENNIS	25:45.5	8:18	37	F	HILLSBOROUGH	NC	
8	592	DEB	TEITELBAUM	25:54.4	8:21	49	F	DURHAM	NC	
9	600	COLLETTE	WEINBERGER	25:55.8	8:22	22	F	CHAPEL HILL	NC	
10	477	SARA	GOREVSKI	26:06.7	8:25	28	F	DURHAM	NC	
11	537	MARTHA	MCGEE	26:08.4	8:26	45	F	MORRISVILLE	NC	
12	572	EMILY	RYMELL	26:19.3	8:29	34	F	DURHAM	NC	
13	506	SHELBY	KENNEDY	26:19.5	8:29	44	F	DURHAM	NC	
14	570	ELIZABETH	ROSINSKI	26:19.7	8:29	27	F	RALEIGH	NC	
15	571	EMILY	RUSH	26:27.8	8:32	34	F	DURHAM	NC	
16	434	VICKI	CHANON	26:39.2	8:36	36	F	DURHAM	NC	
17	426	HANNAH	BROWN	26:46.0	8:38	23	F	DURHAM	NC	
18	411	ASHTON	BARTLEY	26:46.1	8:38	27	F	DURHAM	NC	
19	604	KELSEY	WILLINGHAM	26:50.7	8:39	28	F	DURHAM	NC	
20	547	RACHEL	NASH	26:52.0	8:40	24	F	GARNER	NC	
21	443	CAROLYN	DAVIS	26:52.9	8:40	33	F	DURHAM	NC	
22	412	CHELSEA	BATES	27:08.1	8:45	25	F	DURHAM	NC	
23	520	CHARLOTTE	LEBLANG	27:13.4	8:47	22	F	DURHAM	NC	Duke MBS
24	505	MOLLY	JONES	27:16.1	8:48	28	F	CARY	NC	
25	457	MAGGIE	EPPS	27:18.9	8:48	45	F	HILLSBOROUGH	NC	
26	524	TAYLOR	LIBBY	27:21.3	8:49	34	F	CARRBORO	NC	
27	511	ROBIN	KING	27:37.6	8:55	38	F	DURHAM	NC	
28	402	KRISTEN	ADELMAN	27:39.5	8:55	31	F	DURHAM	NC	
29	607	SIERA	CIOCCI	27:45.4	8:57	43	F	HILLSBOROUGH	NC	
30	487	SARAH	HART	27:57.5	9:01	36	F	DURHAM	NC	
31	605	KELLY	WITTER	28:02.0	9:03	54	F	DURHAM	NC	
32	554	JEANNINE	OBRIAN	28:15.5	9:07	26	F	DURHAM	NC	
33	428	RACHAEL	BUNDY	28:28.3	9:11	26	F	CHAPEL HILL	NC	
34	497	HANNAH	HRIBAR	28:36.1	9:14	23	F	RALEIGH	NC	
35	509	LAUREN	KEYES	29:04.5	9:23	30	F	DURHAM	NC	

Position	Bib #	First Name	Last Name	FINISH	Pace	Age	Gender	City	State	Team Name
36	409	LINDSEY	BAKER	29:06.8	9:23	27	F	RALEIGH	NC	
37	403	RENEE	ANCORA	29:14.1	9:26	45	F	DURHAM	NC	
38	542	MARY	MILLER	29:39.9	9:34	30	F	DURHAM	NC	
39	616	RACHEL	COTTER	30:08.1	9:43	38	F	CHAPEL HILL	NC	
40	479	JACQUELINE	GRONWALD	30:12.3	9:45	34	F	GREENSBORO	NC	
41	406	IZABELA	ANNIS	30:18.2	9:46	40	F	DURHAM	NC	
42	539	LISA	MCGLINN	30:31.7	9:51	47	F	CHAPEL HILL	NC	
43	594	SUSAN	TOMSO	30:33.7	9:51	46	F	BAHAMA	NC	
44	459	ALISTAR	ERICKSON-LUDWIG	30:36.6	9:52	30	F	PHILADELPHIA	PA	Run4ECG
45	504	MEGHAN	JONES	30:38.6	9:53	30	F	RALEIGH	NC	
46	543	KRISTIN	MOORE	30:39.6	9:53	44	F	DURHAM	NC	
47	566	IRENA	RINDOS	30:42.5	9:54	29	F	CHAPEL HILL	NC	
48	478	SHAUNA	GR	30:43.3	9:55	39	F	CHAPEL HILL	NC	Carolina Godiva Track Club
49	452	ALISON	DRAIN	30:43.4	9:55	39	F	GARNER	NC	
50	611	LAUREN	COBB	31:01.0	10:00	34	F	DURHAM	NC	
51	471	SUSIE	GILBERT	31:02.8	10:01	54	F	DURHAM	NC	
52	544	KATJA	MOOS	31:09.3	10:03	48	F	CHAPEL HILL	NC	
53	516	CASSANDRA	LAUGHTER	31:20.1	10:06	26	F	CARY	NC	
54	491	ERIN	HENSEL	31:26.0	10:08	36	F	DURHAM	NC	Carolina Godiva Track Club
55	414	KATIE	BENJAMIN	31:27.4	10:09	31	F	DURHAM	NC	Galloping Dactyls
56	468	SARAH	GAUGER	31:32.8	10:10	40	F	DURHAM	NC	
57	587	ABBY	STOUT	31:45.0	10:15	34	F	CHAPEL HILL	NC	STOUT
58	496	CINDY	HOWARD	31:45.4	10:15	28	F	CHAPEL HILL	NC	
59	495	JULIE	HORTON	31:55.2	10:18	60	F	CHAPEL HILL	NC	
60	528	NADIA	LUHR	31:57.9	10:18	32	F	DURHAM	NC	
61	404	BETH	ANDERSON	31:58.9	10:19	60	F	CARY	NC	
62	588	KATHARINE	STOUT	32:08.1	10:22	32	F	CHAPEL HILL	NC	STOUT
63	518	ELLEN	LAVERY	32:14.5	10:24	59	F	DURHAM	NC	
64	545	KAT	MORDECAI	32:18.3	10:25	41	F	CARY	NC	
65	498	JULIE	HUMPHREY	32:47.4	10:35	41	F	DURHAM	NC	
66	602	JENNIFER	WIGGEN	33:01.3	10:39	31	F	DURHAM	NC	
67	590	RACHEL	TAMEZ	33:01.4	10:39	31	F	DURHAM	NC	
68	536	CAROL	MCDOUGALL	33:05.5	10:40	57	F	DURHAM	NC	
69	582	ELIZABETH	SIMPSON	33:16.7	10:44	35	F	DURHAM	NC	
70	499	KARAM	HWANG	33:16.7	10:44	35	F	DURHAM	NC	
71	522	HAILEY	LEON	33:30.4	10:48	26	F	DURHAM	NC	
72	436	KERI	CHRISTIANSO	33:40.2	10:52	31	F	DURHAM	NC	
73	561	AMANDA	PIERCE	33:52.2	10:55	28	F	CHAPEL HILL	NC	
74	422	LINA	BRESLAV	34:03.1	10:59	25	F	DURHAM	NC	
75	523	KRISTEN	LEWIS	34:43.1	11:12	31	F	CHAPEL HILL	NC	
76	462	LAUREN	FORMY-DUVAL	34:57.9	11:16	39	F	DURHAM	NC	
77	623	KRISTEN	RICHARDS	35:09.8	11:20	34	F	CHAPEL HILL	NC	
78	512	DANIELLE	KIRK	35:10.4	11:21	30	F	DURHAM	NC	BarnLife
79	613	JULIA	CUPITT	35:29.2	11:27	68	F	DURHAM	NC	
80	449	REBECCA	DENDY	36:34.9	11:48	34	F	DURHAM	NC	
81	482	ANNA	GUSTAVESON	37:01.2	11:56	28	F	CHAPEL HILL	NC	
82	581	STEPHANIE	SEVELOVITZ	37:27.1	12:05	32	F	CHAPEL HILL	NC	Failure Monkeys
83	564	JEANNINE	PRIVAT	37:28.0	12:05	33	F	DURHAM	NC	
84	407	DEIRDRE	ARNOLD	37:52.8	12:13	51	F	DURHAM	NC	
85	529	NAN	LUJAN	38:49.2	12:31	36	F	DURHAM	NC	RunBuds
86	474	CECILIA	GONZALES	38:49.3	12:31	36	F	DURHAM	NC	RunBuds
87	591	JESSICA	TANNER	39:16.1	12:40	37	F	PITTSBORO	NC	
88	416	KELLEY	BIGLIN	39:42.7	12:48	22	F	WESTFIELD	NJ	
89	465	KELLY	FRICKY	40:28.7	13:03	47	F	CARY	NC	
90	469	CASSIE	GAVIN	41:31.5	13:24	36	F	RALEIGH	NC	
91	441	SARA	COTT	41:44.7	13:28	33	F	DURHAM	NC	Boo Boos

Position	Bib #	First Name	Last Name	FINISH	Pace	Age	Gender	City	State	Team Name
92	618	ABBEY	PINER	41:45.0	13:28	36	F	DURHAM	NC	
93	584	LAURA	STEPHENSON	41:45.7	13:28	28	F	DURHAM	NC	Boo Boos
94	622	ERWIN	BYRD	41:45.8	13:28	40	F	DURHAM	NC	
95	615	JAMIE	RINCKER	41:46.3	13:28	37	F	DURHAM	NC	
96	420	SANDY	BREAM	41:57.9	13:32	47	F	MEBANE	NC	
97	455	SONJA	EMERSON	43:25.8	14:00	38	F	FAIRVIEW	NC	
98	556	JENNIFER	PARRISH	43:36.6	14:04	41	F	DURHAM	NC	
99	419	JANA	BRADLEY	44:42.1	14:25	40	F	DURHAM	NC	
100	569	LISA	ROBINSON BAILEY	46:28.3	14:59	50	F	DURHAM	NC	
101	630	SUSAN	MORRISON	46:46.2	15:05	44	F	DURHAM	NC	
102	583	EMILY	SIMPSON	47:46.1	15:25	26	F	DURHAM	NC	
103	621	MEGHAN	BURRIS	47:46.3	15:25	26	F	DURHAM	NC	
104	423	CYNTHIA	BROTHERS	48:32.6	15:39	47	F	CHAPEL HILL	NC	
105	535	KATHERINE	MATIZAI	51:44.2	16:41	34	F	FAYETTEVILLE	NC	
106	507	KAREN	KESLER	56:06.4	18:06	48	F	CHAPEL HILL	NC	
107	461	BETHEL	FETTERMAN	56:06.6	18:06	49	F	CHAPEL HILL	NC	

Top Males Overall

Position	Bib #	First Name	Last Name	FINISH	Pace	Age	Gender	City	State	Team Name
1	595	GREG	TURISSINI	16:16.3	5:15	23	M	DURHAM	NC	Duke MBS
2	405	STEPHEN	ANDERSON	16:29.5	5:19	23	M	CHAPEL HILL	NC	
3	438	DAVID	COBB	16:57.8	5:28	35	M	DURHAM	NC	Bull City Track Club
4	628	MICHAEL	GUILMETTE	19:39.1	6:20	14	M	DURHAM	NC	
5	633	EVAN	JONES	20:09.6	6:30	24	M	RALEIGH	NC	

Top Master Males Overall

Position	Bib #	First Name	Last Name	FINISH	Pace	Age	Gender	City	State	Team Name
1	530	DAVID	MABE	17:26.0	5:37	41	M	CARRBORO	NC	
2	440	ANTHONY	CORRIVEAU	20:02.9	6:28	46	M	CARY	NC	Carolina Godiva Track Club
3	573	MATT	SADOWSKI	20:17.1	6:33	46	M	MORRISVILLE	NC	

All Males

Position	Bib #	First Name	Last Name	FINISH	Pace	Age	Gender	City	State	Team Name
1	525	JASON	LISS	20:36.4	6:39	40	M	CHAPEL HILL	NC	
2	631	BEN	SANDERSON	20:37.3	6:39	37	M	DURHAM	NC	
3	578	PHILLIP	SCHULER	20:46.4	6:42	33	M	DURHAM	NC	
4	417	TODD	BOLON	20:51.0	6:44	50	M	CHAPEL HILL	NC	
5	585	DAVID	STERNGOLD	21:12.6	6:50	26	M	DURHAM	NC	
6	429	MATTHEW	BURGESS	21:19.8	6:53	22	M	DURHAM	NC	
7	574	GREGORY	SAWICKI	21:19.8	6:53	38	M	DURHAM	NC	
8	567	SHANE	RITER	21:20.6	6:53	29	M	RALEIGH	NC	
9	577	MARK	SCHUELER	21:30.9	6:56	36	M	DURHAM	NC	
10	562	ALLAN	PORTERFIELD	21:48.6	7:02	56	M	DURHAM	NC	
11	612	BRIAN	TOTTEN	21:59.5	7:05	39	M	DURHAM	NC	
12	526	J. RIGO	LOPEZ	22:00.2	7:06	37	M	RALEIGH	NC	HoH run club
13	560	ERIC	PETERSON	22:06.9	7:08	54	M	CHAPEL HILL	NC	
14	458	WILLIAM	EPPS	22:15.8	7:11	47	M	HILLSBOROUGH	NC	
15	431	ETHAN	CALDWELL	22:17.5	7:11	42	M	RALEIGH	NC	Carolina Godiva Track Club
16	568	ERIC	C ROBERTS	22:26.7	7:14	27	M	DURHAM	NC	
17	559	KEITH	PEOPLES	22:31.9	7:16	52	M	DURHAM	NC	
18	490	DOUGLAS	HENSEL	22:44.6	7:20	43	M	DURHAM	NC	Carolina Godiva Track Club
19	620	GEORGE	HUGH	23:21.3	7:32	53	M	DURHAM	NC	
20	476	HARPER	GORDEK	23:30.1	7:35	39	M	CHAPEL HILL	NC	
21	534	BARYALAY	MATIZAI	24:04.0	7:46	27	M	FAYETTEVILLE	NC	
22	470	CRAIG	GILBERT	24:04.8	7:46	57	M	DURHAM	NC	
23	596	SOHRAB	VATSIA	24:08.9	7:47	22	M	DURHAM	NC	Duke MBS

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24	579	JOEL	SELBY	24:10.3	7:48	32	M	SAXAPAHAW	NC	
25	609	TY	RHNDY	24:48.3	8:00	40	M	DURHAM	NC	
26	439	JUAN	COLON	24:49.2	8:00	41	M	WILSON	NC	
27	481	ALEXANDER	GUNN	24:49.9	8:00	25	M	DURHAM	NC	Duke MBS
28	413	VADIM	BEILINSON	24:50.8	8:01	50	M	CARY	NC	
29	597	ERIC	WARD	24:51.3	8:01	55	M	DURHAM	NC	
30	552	PETER	NORDBERG	25:02.7	8:05	33	M	DURHAM	NC	
31	425	SAMUEL	BROTHERS	25:13.8	8:08	13	M	CHAPEL HILL	NC	
32	424	MARK	BROTHERS	25:15.6	8:09	47	M	CHAPEL HILL	NC	
33	610	ALDEN	MUELLER	25:39.1	8:16	28	M	RALEIGH	NC	
34	494	PATRICK	HORN	25:59.7	8:23	39	M	DURHAM	NC	
35	575	STEPHEN	SCHROEDER	26:04.6	8:25	27	M	RALEIGH	NC	
36	538	TIM	MCGEE	26:10.5	8:26	48	M	MORRISVILLE	NC	
37	617	WILLIAM	SCHMITZ	26:29.6	8:33	44	M	CHAPEL HILL	NC	
38	624	JACK	RICHARDS	26:38.6	8:35	39	M	CHAPEL HILL	NC	
39	485	ALFRED	HARDING	26:45.8	8:38	23	M	DURHAM	NC	
40	558	JEFF	PENN	27:02.1	8:43	30	M	DURHAM	NC	
41	510	VINCE	KEYES	27:05.6	8:44	36	M	DURHAM	NC	
42	632	BLAKE	RADLIFFE	27:24.5	8:50	45	M	CHAPEL HILL	NC	
43	401	DANIEL	ADAMS	27:26.9	8:51	26	M	GARNER	NC	
44	433	JAMES	CARLSON	27:36.7	8:54	50	M	DURHAM	NC	
45	619	MICHAEL	ADELNAR	27:39.9	8:55	33	M	CHAPEL HILL	NC	
46	606	SOREN	PALMER	27:46.3	8:57	45	M	HILLSBOROUGH	NC	
47	463	MICHAEL	FORMY-DUVAL	27:51.2	8:59	40	M	DURHAM	NC	
48	492	MATTHEW	HERNANDEZ	27:54.7	9:00	25	M	CHAPEL HILL	NC	
49	527	RICK	LOWE	27:57.1	9:01	36	M	RALEIGH	NC	
50	541	CHIP	MERRILL	28:05.2	9:04	32	M	DURHAM	NC	The North
51	593	CLAY	THOMAS	28:55.1	9:20	40	M	DURHAM	NC	
52	472	DAVID	GILL	28:58.3	9:21	22	M	CARRBORO	NC	
53	451	CHRISTOPHER	DESMOND	29:29.1	9:31	27	M	DURHAM	NC	
54	500	SEAN	INCREMONA	29:31.5	9:31	30	M	RALEIGH	NC	
55	503	CRAIG	JONES	29:33.0	9:32	58	M	RALEIGH	NC	
56	555	PHILIP	PALUMBO	30:00.7	9:41	27	M	RALEIGH	NC	
57	629	BILL	MORRISON	30:01.5	9:41	49	M	DURHAM	NC	
58	432	ERIC	CANNON	30:07.4	9:43	36	M	DURHAM	NC	
59	626	GREG	CASKER	30:12.9	9:45	50	M	DANVILLE	VA	
60	473	KEVIN	GOINGS	30:30.3	9:50	51	M	DURHAM	NC	
61	601	MATT	WELCH	30:32.0	9:51	47	M	CHAPEL HILL	NC	
62	415	DREW	BETZ	30:36.8	9:52	29	M	PHILADELPHIA	PA	Run4ECG
63	410	EDWARD	BARNES	30:40.4	9:54	43	M	DURHAM	NC	
64	586	KEITH	STOCKER	30:48.5	9:56	46	M	DURHAM	NC	
65	603	NICHOLAS	WILLIAMS	31:08.3	10:03	36	M	DURHAM	NC	
66	446	DE MAN	TOM	31:11.8	10:04	30	M	CHAPEL HILL	NC	
67	533	JORGE	MARTINEZ	31:44.8	10:14	37	M	CLAYTON	NC	Beer Loco
68	614	HOWARD	CUPITT	32:06.8	10:21	74	M	DURHAM	NC	
69	546	RUA	MORDECAI	32:18.4	10:25	37	M	CARY	NC	
70	540	NATHAN	MCKINNEY	32:27.4	10:28	39	M	DURHAM	NC	
71	418	MAURICIO	BORGEN	33:19.3	10:45	41	M	CARY	NC	
72	475	CARLOS	GONZALEZ	33:32.8	10:49	42	M	RALEIGH	NC	
73	437	PAUL	CHRISTIANSON	33:41.2	10:52	34	M	DURHAM	NC	
74	444	FREY	DAVIS	34:39.3	11:11	11	M	DURHAM	NC	
75	515	MARK	LASKOWSKI	35:08.5	11:20	44	M	RALEIGH	NC	
76	513	SHANE	KIRK	35:10.9	11:21	30	M	DURHAM	NC	BarnLife
77	448	KEVIN	DENDY	36:35.0	11:48	33	M	DURHAM	NC	
78	427	DANIEL	BULLOCK	37:01.3	11:56	28	M	CHAPEL HILL	NC	
79	466	DANIEL	FRIEDMAN	37:27.8	12:05	32	M	DURHAM	NC	

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80	408	RICHARD	ARNOLD	37:53.0	12:13	52	M	DURHAM	NC	
81	563	ERIC	PRITCHETT	39:42.2	12:48	23	M	DURHAM	NC	
82	480	JASON	GROVES	40:16.4	12:59	45	M	DURHAM	NC	
83	551	TRAMPAS	NEVIUS	41:13.0	13:18	40	M	DURHAM	NC	
84	421	STEVE	BREAM	41:58.7	13:32	47	M	MEBANE	NC	
85	456	STEVE	EMERSON	43:24.1	14:00	38	M	FAIRVIEW	NC	
86	557	ROBERT	PARRISH	43:36.6	14:04	42	M	DURHAM	NC	
87	519	KEVIN	LAVERY	46:00.3	14:50	59	M	DURHAM	NC	
88	484	DAVID	HANSON	48:36.8	15:41	75	M	CHAPEL HILL	NC	
89	435	KEN	CHILDS	50:57.6	16:26	37	M	DURHAM	NC	No Shame